



Contact Us:

[Email](#)

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Get Involved:

Monthly volunteer call:

First Sunday, every month,
10am - 11am PT

Dial in: 641-7153272

Access Code - 457920#

Volunteer Email DL:

afna-vols@freelists.org

Subscribe here:

freelists.org/list/afna-vols

Donate:

By check (Pay to: AFNA)

Mailing address:

SARFARAZ TAHER,

TREASURER, AFNA

4391 MCMENEMY ST

VADNAIS HEIGHTS, MN 55127

Online using [Paypal](#)

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**** We need active volunteers to run our projects. Please reach out to us (contacts above) or join our monthly volunteer meetings to know more. ****

[Learn about AFNA projects](#)



2016 Calendar is here!

If you like a copy of 2016 Calendar please email Lipika

Assam Foundation of North America

Newsletter: January, 2016

AFNA Welcomes 2016

We wish everyone Happy Bhogali Bihu! Hope the new year brings happiness and prosperity to all our volunteers and donors. We look forward to working with you this year and thank you for your continued support and participation.

Happy Bhogali Bihu to you all!



Project of The Month: Atma Nirbhar – Ek Challenge’ (ANEC)

‘Atma Nirbhar – Ek Challenge’ (ANEC) which means ‘Self Reliance – A Challenge’, is an economic rehabilitation and empowerment project for the differently abled individuals of the society. It was established near Rehabari, Guwahati, by Late Kaushik Das in 1996. He left behind a 22 year long successful career as an industry expert to branch into the role of a Good Samaritan attempting to develop a germ of an idea into a noble venture.

There are very few employment opportunities for the unskilled special needs persons in developing countries like India. ‘Atma Nirbhar – Ek Challenge’ shows that, given due consideration and facilities, the disabled can become productive and contributing members of society. The Vision of this organization is to create equal opportunities for the disabled and to contribute towards a greener world.

AFNA has been associated with ANEC almost since the days of its establishment. Thanks to the regular donations of a few generous individuals and families, we have been able to provide some essential contributions to the organization over the years. AFNA played a major role in difficult times of the organization by providing much needed financial and advisory support. The relationship between the two organizations extends to some wonderful initiatives like the unique ‘Spreading Sunshine’ Project and the AKADAMICS college scholarship program. The latter was named after Kaushik Das, the founder of ANEC. You can read more about these projects in the [Atma Nirbhar](#) page of AFNA’s website.

ANEC is a shining example of what the differently abled individuals can do when presented with the right kind of environment and opportunities. Our volunteers visit them regularly and come back filled with immense joy, seeing the sense of happiness and fulfillment of each and every person, working hard every day, to earn for themselves and their families.

We request you to take 5 minutes out of your valuable time to watch the introductory [video](#) on their website - <http://www.atmanirbhar.org/>. I hope it will inspire you to support this exemplary organization!



Special thanks to AFNA volunteers for providing the photos and reports for this newsletter.